# Surf City...

# ... Catch the Wave



# TO BETTER HEALTH Your Benefits 2013

MEO/NA

If you (and/or your dependent) have Medicare or will become eligible for Medicare in the next 12 months, a Federal law gives you more choices about your prescription drug coverage. Please see pages 17-18 for details.
SUMMARY  The information in this brochure is a general outline of the benefits offered under the City of Huntington Beach's benefits program. Specific details and plan limitations are provided in the Evidence of Coverage (EOC), which is based on the official Plan Documents that may include policies, contracts and plan procedures.
The EOC and Plan Documents contain all the specific provisions of the plans. In the event that information in this brochure differs from the Plan Documents, the Plan Documents will prevail.

# TABLE OF CONTENTS

INTRODUCTION	1
A quick look at the City of Huntington Beach benefit plan offerings	
WHAT YOU NEED TO KNOW	2
Important information regarding Open Enrollment	
WHAT WILL HAPPEN ON JANUARY 1, 2013?	3
What's changing and what's staying the same for 2013	
ELIGIBILITY	4
Employee and dependent eligibility and adding and excluding dependents	
RULES FOR BENEFIT CHANGES DURING THE YEAR	5
Special Enrollment Rights	
MEDICAL PROGRAM BENEFITS	6
Outline of medical plan choices	
PRESCRIPTION DRUG PROGRAM BENEFITS	6
Highlights of the prescription drug program	
HEALTH SAVINGS ACCOUNT	7
Plan information	
MEDICAL PLAN FEATURES	8
Summary of benefits for the medical plans	
DENTAL PLAN FEATURES	11
Outline of dental plan choices	
VISION PLAN FEATURES	12
Highlights of the VSP (Vision Service Plan)	
LONG-TERM DISABILITY	12
Overview of plans available should a non-work accident or illness prevent you from working	
BASIC LIFE / AD&D INSURANCE	13
The City provides this coverage at no charge to eligible employees	
SUPPLEMENTAL LIFE / AD&D INSURANCE	13
Additional voluntary life insurance at affordable rates	
FLEXIBLE SPENDING ACCOUNT (FSA)	13
Learn how you can put aside money on a pre-tax basis to pay for certain out-of-pocket healthcare & dependent care expenses	
EMPLOYEE ASSISTANCE PROGRAM (EAP)	14
A confidential, free service that can assist you or your family with any personal issues you may face	
HEALTH CARE REFORM	14
Your Rights Under Health Care Reform	
REQUIRED FEDERAL NOTICES	15
Information regarding CHIPRA, HIPAA and Women's Health & Cancer Rights	
MEDICARE PART D	19
Information regarding Medicare Part D Prescription Coverage	
HELPFUL HINTS TO SAVE YOU TIME AND MONEY	21
A few suggestions to help stretch your health care dollars	
EMPLOYEE BENEFITS CONTACT INFORMATION	22
Contact information and policy numbers for our carriers as well as internal contact information for day-to-day services	

#### INTRODUCTION

The City of Huntington Beach takes pride in offering a Benefit Program that provides flexibility for the diverse and changing needs of our employees and retirees. The City offers retirees and their family members a full range of benefits including:

- Medical HMO Plans
- Medical PPO Plan
- Medical PPO HDHP Plan (High Deductible Health Plan)
- Dental HMO Plan
- Dental PPO Plan
- Vision Plan
- Basic Life and AD&D Plan
- Long-Term Disability Plan
- Supplemental Life and AD&D Plan
- Flexible Spending Account (FSA)
- Employee Assistance Program (EAP)

The City's Blue Shield medical plans will continue to be administered through CSAC EIA. Blue Shield HMO and Blue Shield PPO pharmacy benefits will be administered by Express Scripts (formerly known as Medco). Blue Shield HDHP pharmacy benefits will continue to be administered by Blue Shield. Kaiser HMO benfits will remain in place and will not be a part of the CSAC EIA Health Program.

The Human Resources Department has taken many steps in providing easy access to health and benefit plan information. Please visit the City's intranet site, SurfNET, to view the Employee Benefits link in the Human Resources section or visit the City's internet site at www.huntingtonbeachca.gov/employee\_benefits. Here you will find access to plan information, forms, contact information and more. Human Resources will continue to update SurfNET with employee benefit information, so check back often!

If you have any questions, please do not hesitate to call our Employee Benefits Team: Barbara Pratt, Personnel Assistant, (714) 375-8456

Jaymie Liu, Human Resources Analyst, (714) 536-5213 or

Brigitte Charles, Principal Human Resources Analyst, (714) 536-5917

Sincerely,

Michele S. Warren

Director of Human Resources

#### WHAT YOU NEED TO KNOW

Human Resources would like to take this opportunity to give you important information about the benefits being offered by the City of Huntington Beach for the 2013 calendar year. It is important that you use the following information to educate yourself about the open enrollment process, timeline and changes. The Open Enrollment period is from October 1, 2012 to 5:00 p.m., October 31, 2012.

In addition an Educational Forum has been scheduled for Tuesday, October 9, 2012 in the City Council Chambers from 9:00 a.m. to noon. During this time, carrier representatives will provide an overview of plan components.

#### What can I do at this year's Open Enrollment?

City of Huntington Beach benefit-eligible employees can:

- Enroll/make changes to Medical, Dental, Vision, Voluntary Life (with evidence of insurability) and Accidental Death & Dismemberment (AD&D) Plans
- Add or delete dependents in the City's Medical, Dental, Vision, Voluntary Life and AD&D plans
- Switch to a different Medical or Dental plan
- Participate in and determine the amount for flexible spending accounts
- Change your life insurance beneficiary

#### What do I have to do if I am NOT making changes?

• Even if you are not making any changes, you need to indicate "no changes" on your Confirmation Statement for 2013 and verify the accuracy of personal data, especially social security numbers for dependents. Also, if you are interested in establishing a 2013 flexible spending account, you must enroll/re-enroll. Complete a TRI-AD enrollment form and return to Human Resources/Employee Benefits by 5:00 p.m. Wednesday, October 31, 2012 for your 2013 plan year election(s).

#### How do I participate in Open Enrollment?

• Submit all changes via a hard copy of your Confirmation Statement to Human Resources. Your benefit elections will be effective January 1, 2013. You can obtain Flexible Spending Account, Supplemental Life and AD&D Insurance forms and beneficiary designations through SurfNet or at www.huntingtonbeachca.gov/employee\_benefits. All changes must be received by Human Resources no later than 5:00 p.m. on Wednesday, October 31, 2012.

# What if I have questions or need assistance?

• Call or e-mail:

Barbara Pratt at (714) 375-8456, <u>bpratt@surfcity-hb.org</u>
Jaymie Liu at (714) 536-5213, <u>jaymie.liu@surfcity-hb.org</u>
Brigitte Charles at (714) 536-5917, bcharles@surfcity-hb.org

Note: Employee benefits staff are available for enrollment assistance.

# WHAT YOU NEED TO KNOW (Cont'd)

#### What if I want to make changes throughout the year?

- You can only make changes outside of Open Enrollment if you have a Qualifying Event.
  - To add dependents you have **31 days** from the Qualifying Event to submit an "Add Dependent" form to Human Resources. The Qualifying Event could be marriage, birth, adoption, a dependent becoming eligible, spouse losing coverage, etc.
- You are required to submit a "Delete Dependent" form to Human Resources within 30 days of a
  dependent becoming ineligible such as divorce, an overage dependent no longer eligible, etc. Failure to
  do so can jeopardize your <u>COBRA rights.</u>
- The above-mentioned forms are available on SurfNet/Human Resources/Employee Benefits and on the Lower Level of City Hall on the Employee Benefits Information Wall Display.

# WHAT WILL HAPPEN ON JANUARY 1, 2013

# What will be the same on January 1, 2013?

• Benefit Carriers for Medical, Dental, Vision, EAP and FSA will remain the same.

#### What will change on January 1, 2013?

- Employee contributions will change.
- Cigna will replace The Standard as the Basic Life/AD&D, Supplemental Life/AD&D and Long Term Disability carrier.
- The Definition of Dependent will be extended up to the end of the month in which they turn age 26 regardless of financial dependence, residency, student or marital status for Dental DPO, Dental HMO and Vision.
- Express Scripts has recently acquired Medco, so Medco is beginning to introduce the Express Scripts name to its Medco members. Medco's website, customer service representatives, and written communications will reference the Express Scripts name; however, the web address—<a href="www.medco.com">www.medco.com</a>—will remain the same. Current members will continue to used their Medco ID cards for prescriptions. New members will continue to receive a Medco-branded welcome kit for now.
- The maximum Flexible Spending Account (FSA) contribution for health care will decrease from \$5,000 to \$2,500 per employee in compliance with the Health Care Reform Act.
- Rate sheets will be posted on SurfNet/Human Resources/Employee Benefits/2013 Health Premiums and Contributions.

#### **ELIGIBILITY**

You are eligible for the *City of Huntington Beach's Medical Program* if you are a permanent employee working 20 or more hours per week. Your effective date is the first day of the month following your date of hire.

After your initial benefit enrollment, you cannot make changes in your elections or terminate coverage until the next Open Enrollment period, unless you qualify for a "special enrollment." Please refer to the "Rules For Benefit Changes During The Year" section on the next page for special enrollment qualifications. To terminate coverage, you must contact Human Resources/Employee Benefits.

#### Dependent Eligibility

- Your legal spouse
- Your registered domestic partner
- Your natural children, stepchildren, and/or adopted children of which the employee is the legal guardian, legally placed with the employee or eligible domestic partner for adoption, or supported pursuant to a court order imposed on the employee or eligible domestic partner (including a qualified medical child support order). In addition:
  - ⇒ <u>For Medical/Dental/Vision Insurance</u>: Dependents are eligible up to the end of the month in which they turn age 26
- Your eligible physically or mentally handicapped children who depend on you for support, regardless
  of age.

Your dependent's effective date is on the latest of 1) your effective date, or 2) the first of the month following the date you acquire your dependent.

# Adding and Excluding Dependents

Newly acquired dependents may be added to the plan during the year by completing the necessary forms within **31 days** of their eligibility. If you do not add dependents within the 31-day period and do not qualify for a "special enrollment" (see the next page), they will not be eligible to enroll until the next Open Enrollment period.

# RULES FOR BENEFIT CHANGES DURING THE YEAR

Other than during annual open enrollment, you may only make changes to your benefit elections if you experience a qualified status change or qualify for a "special enrollment". If you qualify for a mid-year benefit change, you will be required to submit proof of the change or evidence of prior coverage.

#### Qualified Status Changes include:

- Change in legal marital status, including marriage, divorce, legal separation, annulment, and death of a spouse.
- Change in number of dependents, including birth, adoption, placement for adoption, or death of a dependent child.
- Change in employment status that affects benefit eligibility, including the start or termination of employment by you, your spouse, or your dependent child.
- Change in work schedule, including an increase or decrease in hours of employment by you, your spouse, or your dependent child, including a switch between part-time and full-time employment that affects eligibility for benefits.
- Change in a child's dependent status, either newly satisfying the requirements for dependent child status or ceasing to satisfy them.
- Change in place of residence or worksite, in which the change affects the accessibility of network providers.
- Change in your health coverage or your spouse's coverage attributable to your spouse's employment.
- Change in an individual's eligibility for Medicare or Medicaid.
- A court order resulting from a divorce, legal separation, annulment, or change in legal custody (including a Qualified Medical Child Support Order) requiring coverage for your child.
- An event that is a "special enrollment" under the Health Insurance Portability and Accountability
   Act (HIPAA) including acquisition of a new dependent by marriage, birth or adoption, or loss of
   coverage under another health insurance plan.
- An event that is allowed under the Children's Health Insurance Program Reauthorization Act (CHIPRA). Under provisions of the Act, employees have 60 days after the following events to request enrollment if:
  - Employee or dependent loses eligibility for Medicaid (known as Medi-Cal in CA) or CHIP (known as Healthy Families in CA).
  - Employee or dependent becomes eligible to participate in a premium assistance program under Medicaid or CHIP.

# Two rules apply when making changes to your benefits during the year:

- Any change you make must be consistent with the change in status, AND
- You must make the change within <u>31 days</u> of the date the event occurs (unless otherwise noted above).

# MEDICAL PROGRAM BENEFITS

The *City of Huntington Beach's* goal is to provide you with affordable, quality health care benefits. Our medical benefits are designed to help maintain wellness and protect you and your family from major financial hardship in the event of illness or injury. The City of Huntington Beach offers a choice of medical plans through **Blue Shield and Kaiser Permanente**.

- HMO (Health Maintenance Organization) The HMO plans offer comprehensive coverage. Care is provided or coordinated through each member's Primary Care Physician (PCP). You have a choice between the Blue Shield HMO and the Kaiser HMO plans.
- **PPO** (**Preferred Provider Organization**) The PPO plan is designed to provide choice--two levels of service, flexibility and value. Participants have a choice of using Preferred Providers (PPO provider) or going directly to any other physician (non-PPO provider) without a referral. Generally, there are annual deductibles to meet before benefits apply. You are also responsible for a certain percentage of the charges (co-insurance), and the plan pays the balance up to the agreed upon amount.
- HDHP (High Deductible Health Plan) The HDHP plan provides choice and two levels of service: in -network and out-of-network. The HDHP plan uses the same network of providers as the PPO plan design. This plan has a higher annual deductible that must be met before it begins to pay the appropriate co-insurance amount. This includes <a href="Pharmacy Benefits">Pharmacy Benefits</a> which require the deductible to be met before the co-pays listed will apply. The Preventive Care benefits are covered at no charge regardless of deductible being met.
  - HSA (Health Savings Account) An HSA is available to you if you are enrolled in a HDHP plan. An HSA allows you to contribute pre-tax dollars to your account, with the balance accumulating year to year, if not spent. HSA funds can be used to pay any qualified medical expenses. This type of Health Savings Account is owned by you and is portable. If you decide to terminate the HDHP plan, you will no longer be able to deposit new funds into the HSA account, but funds already in the HSA will remain available for your use.
- Medical Opt-Out Benefit Employees who are covered by another group medical program outside
  of a City sponsored plan or are covered as a dependent under a spouse's or domestic partner's plan
  through the City and elect to opt out of the medical coverage will receive a cash benefit. See
  SurfNet for the 2013 rate sheets. Note: This benefit is included as taxable income. Proof of
  outside coverage is required and must be on file in the Human Resources Office.

#### PRESCRIPTION DRUG PROGRAM BENEFITS

Employees who are enrolled in the Blue Shield <u>HMO</u> and <u>PPO</u> plans will have prescription drug coverage through Express Scripts (formerly Medco). Employees who are enrolled in the Blue Shield <u>HDHP</u> plan will have prescription drug coverage through Blue Shield. All of the plans offer access to a vast number of retail pharmacies. Retail pharmacies can be used if you are taking a drug on a short-term basis.

If you are taking prescription medications on a regular basis, you may save time and money by using a mail order pharmacy. Members save on out-of-pocket copay costs, and shipping is free for standard postal delivery. Blue Shield HMO and PPO members can use Medco Pharmacy as their mail service pharmacy by calling (800) 711-0917. Blue Shield HDHP members can use PrimeMail as their mail service by calling (866) 346-7200. Please refer to the schedule of benefits in this brochure for more information.

# HEALTH SAVINGS ACCOUNT (HSA)

A Health Savings Account is available to employees who participate in the Blue Shield High Deductible Health Plan (HDHP).

#### How an HSA Works

- An HSA is a bank account that works in conjunction with an HDHP. An HSA is an employee owned bank account that can be used to help pay for qualified medical expenses such as office visits, hospital stay, prescription drugs, etc.
- The HSA moves with you if you ever change employers, and funds in the HSA roll-over year-to-year. An HSA is **not** a 'use-it-or-lose-it' plan.
- You elect how much you want to contribute to your HSA each pay period, up to the IRS maximum. The funds are deducted, before taxes are withheld, in increments, or as a lump sum, from your pay.
- You can elect to change your HSA payroll deduction at anytime throughout the year, as long as your annual contribution remains under the IRS limits.
- If you and your spouse are both enrolled in a HDHP and contribute into an HSA, your combined HSA contribution cannot be more than the 2013 IRS maximum, even if your spouse does not work for the City of Huntington Beach.
- When you have an eligible expense, simply use your HSA debit card to pay for the expense. Your
  HSA account balance must be greater than or equal to the total expense amount, otherwise your
  transaction will be denied.
- Funds in your HSA can be used to pay for qualified medical expenses of <u>IRS tax dependents</u>, even
  if the dependent is not enrolled in your HDHP.
- You are not eligible to elect an HSA if you are a Medicare member or if an employee is claimed as a dependent on another's tax return.
- If you enroll in an HSA and a healthcare FSA, you are only eligible to use the healthcare FSA for dental and vision expenses.

#### HSA Contribution Limits for 2013

The IRS has set the contribution limits for the 2013 tax year as set forth below:

Annual Single Contribution Maximum \$3,250
Annual Family Contribution Maximum \$6,450

Annual Catch-up Contribution Maximum \$1,000 (for HSA participants that are 55 years and older.)

For more information on how to open a HSA account, or to make any changes to your contribution amount through the years, please contact Human Resources at (714) 375-8456.

# **MEDICAL PLAN FEATURES**

ST HUNTINGTON	HMO OPTIONS SCHEDULE OF BENEFITS		
S A RIGHT COUNTY CALLED	BLUE SHIELD HMO		Kaiser HMO
PLAN BENEFITS			
OFFICE VISITS	\$15 Copay \$30 Copay for self-referred specialist consultation		\$15 Copay
PRESCRIPTION DRUG (must use a participating retail pharmacy)	(Up to a 30-day supply)* \$10 Generic \$25 Brand \$45 Non-Formulary		(30-day supply) \$10 Generic \$20 Brand
PRESCRIPTION DRUG - MAIL ORDER	(up to a 90-day supply)* \$20 Generic \$50 Brand \$90 Non-Formulary		(100-day Supply) \$20 Generic \$40 Brand
EMERGENCY SERVICES	\$200 Copay (waived if admitted)		\$100 Copay (waived if admitted)
DEDUCTIBLE	None		None
MAXIMUM OUT-OF-POCKET Individual Family	\$1,000 \$2,000		\$1,500 \$3,000
LIFETIME MAXIMUM	Unlimited		Unlimited
ROUTINE PHYSICAL EXAMS	No Charge		\$15
CHIROPRACTIC	Not Covered		\$10 Copay (30 visits/calendar year)
VISION EXAM	No Charge (ages 11-19 and 50+)		\$15 Copay (\$150 hardware allowance/24 months)
HOSPITAL SERVICES Inpatient Outpatient	\$100/Admit No Charge		No Charge \$15 per Procedure
OUTPATIENT LAB & X-RAY	No Charge		No Charge
SUBSTANCE ABUSE PROGRAM Inpatient Outpatient	\$100/Admit (detox only) \$15 Copay		No Charge (detox only) \$15 Copay Individual / \$5 Group
MENTAL HEALTH Inpatient Outpatient	See EOC		See EOC

<sup>\*</sup>Pharmacy benefits administered by Express Scripts (formerly Medco). Visit <a href="www.Medco.com">www.Medco.com</a> for more information.

ST HUNTING TON DE LA CHARLES	BLUE SHIELD PPO PLAN		
SE COUNTY CANGE	IN-NETWORK	Out-of-Network	
PLAN BENEFITS			
OFFICE VISITS/SPECIALIST VISIT	\$30	40%	
PRESCRIPTION DRUG (Express Scripts)* (up to a 30-day supply)	\$10 Generic \$20 Brand ( <b>\$100 Brand</b> <b>Deductible per Member)</b> \$50 Non-Formulary	Plan pays 100% of the allowable amount.  Member pays copay (below), plus charges above allowable amount. \$10 Generic \$20 Brand (\$100 brand deductible per member) \$50 Non-Formulary	
PRESCRIPTION DRUG (Express Scripts)*  MAIL ORDER (up to a 90-day supply)	\$20 Generic \$40 Brand ( <b>\$100 Brand</b> <b>Deductible per Member)</b> \$100 Non-Formulary	Not Covered	
EMERGENCY SERVICES	\$200 / Visit + 20% (\$200 deductible waived if admitted)		
DEDUCTIBLE Individual Family	\$750 \$1,500	\$1,000 \$2,000	
MAXIMUM OUT-OF-POCKET Individual Family	\$3,000 \$6,000	\$10,000 \$20,000	
LIFETIME MAXIMUM	Unlimited		
DURABLE MEDICAL EQUIPMENT	20%	40%	
CHIROPRACTIC	20%	40%	
	(15 visits per year combined with Acupuncture)		
HOSPITAL SERVICES Inpatient Outpatient	20% 20%	40% (Max \$600/Day) 40% (Max \$350/Day)	
OUTPATIENT LAB & X-RAY	\$30/Visit	40%	
SUBSTANCE ABUSE PROGRAM Inpatient Outpatient	20% \$30/Visit	40% (Max \$600/Day) 40%	
MENTAL HEALTH Inpatient Outpatient	See EOC	See EOC	

<sup>\*</sup>Pharmacy benefits administered by Express Scripts (formerly Medco). Visit <a href="www.Medco.com">www.Medco.com</a> for more information.

The information in this summary is not intended to take the place of, or change the official Plan Documents or Evidence of Coverage. In the event that the information in this brochure differs from the Plan Document, the Plan Document shall prevail.

# MEDICAL PLAN FEATURES

St. HUNTING TON	BLUE SHIELD HDHP PLAN	
SE COUNTY CALLED	In-Network	OUT-OF-NETWORK
PLAN BENEFITS		
OFFICE VISITS	20%	50%
PRESCRIPTION DRUG (up to a 30-day supply)	In-Network plan deductible must be met before Rx copayments apply \$10 Generic \$20 Brand	In-Network plan deductible must be met before Rx copayments apply \$10 Generic \$20 Brand
	\$50 Non-Formulary	\$50 Non-Formulary
PRESCRIPTION DRUG - MAIL ORDER (up to a 90-day supply)	In-Network plan deductible must be met before Rx copayments apply \$20 Generic \$40 Brand \$100 Non-Formulary	Not Covered
EMERGENCY SERVICES	\$100 / Visit + 20% (deductible waived if admitted)	
DEDUCTIBLE** Individual Family	\$1,250 \$2,500	
MAXIMUM OUT-OF-POCKET Individual Family	\$5,000 \$10,000	
LIFETIME MAXIMUM	Unlimited	
DURABLE MEDICAL EQUIPMENT	20%	50%
GLITD ODD A GTT G	20%	50%
CHIROPRACTIC	(15 visits per year combined with Acupuncture)	
HOSPITAL SERVICES Inpatient Outpatient	\$100 / Admit + 20% 20%	50% (Max \$600/Day) 50% (Max \$350/Day)
OUTPATIENT LAB & X-RAY	20%	50%
SUBSTANCE ABUSE PROGRAM Inpatient Outpatient	\$100 / Admit + 20% 20%	50% (Max \$600/Day) 50% (Max \$350/Day)
MENTAL HEALTH Inpatient Outpatient	See EOC	See EOC

<sup>\*</sup>Deductible accumulates toward the out of pocket maximum

The information in this summary is not intended to take the place of, or change the official Plan Documents or Evidence of Coverage. In the event that the information in this brochure differs from the Plan Document, the Plan Document shall prevail.

# DENTAL PLAN FEATURES

OF WEST-OFF	DELTA DENTAL DENTAL PPO			DELTA DENTAL DENTAL HMO**
S TANK THE	IN-NETWORK OUT-OF-		ETWORK	
GE COUNTY CALE	PPO DENTISTS	NON-PPO DELTA DENTISTS	NON-DELTA DENTISTS*	IN-NETWORK ONLY
PLAN BENEFITS				
ANNUAL MAXIMUM	\$2,000 m	ax. benefit		Unlimited
DEDUCTIBLE Individual / Family	\$25 per person / \$75 per family			None
PREVENTIVE Exams X-Rays Cleanings Fluoride Treatment Space Maintainers	85% of PPO dentist's allowed fee (no deductible applies for these services)			No Charge
BASIC SERVICES  Basic Restorative  Endodontics  Periodontics  Sealants  Simple Extractions	85% of PPO dentist's allowed fee	85% of Delta dentist's allowed fee		No Charge
MAJOR SERVICES Inlays, Onlays, Crowns	85% of PPO dentist's allowed fee	e 85% of Delta dentist's allowed fee		No Charge
Prosthodontics	60% of PPO dentist's allowed fee	e 60% of Delta dentist's allowed fee		No Charge
Implants	60% of PPO dentist's allowed fee	e 60% of Delta dentist's allowed fee		Not Applicable
ORTHODONTIA	60% of PPO dentist's allowed fee (subject to \$3000 lifetime max per person)			\$500 copay + startup for normal 24 month treatment

The information in this summary is not intended to take the place of, or change the official Plan Documents or Evidence of Coverage. In the event that the information in this brochure differs from the Plan Document, the Plan Document shall prevail.

<sup>\*</sup>Members will be responsible for the difference if non-Delta dentists charge more than Delta's allowed fees.

\*\* Consult the full benefit description for a complete listing of basic covered services, costs for treatment upgrades, and any limitations and exclusions.

WUNTING TON	VISION SERVICE PLAN (VSP) VISION	
ORAL COUNTY CALLERY	In-Network	Out-Of-Network
PLAN BENEFITS		
COPAY	\$1	5
FREQUENCY Examination Frame Lenses Contact Lenses (in lieu of lenses)	Every 12 months Every 12 months Every 12 months Every 12 months	
EXAM (Dilation when necessary)	Covered in full*	\$50 Allowance
STANDARD LENSES Single Vision Bifocal Trifocal	Covered in full*	\$50 Allowance \$75 Allowance \$100 Allowance
FRAMES	\$120 Allowance	\$70 Allowance
LASER VISION CORRECTION (US LASER NETWORK)	Discounts at participating facilities	N/A
CONTACT LENSES: Elective Medically Necessary	\$120 Allowance Covered in full	\$105 Allowance \$210 Allowance

<sup>\*</sup>Vision exam is covered once every 12 months at the \$15 copay. If a member requires lenses and has already paid the \$15 exam copay, then an additional \$15 is not required.

# BASIC LONG-TERM DISABILITY (LTD)

When non-work related illness or injury make it impossible for you to work for an extended period of time, eligible employees' income may be continued under the City of Huntington Beach's **Basic LTD plan**. The City of Huntington Beach pays the entire cost of coverage. Under the plan, if you are disabled for more than 30 days, you could receive a benefit of 67% of your basic monthly pay (up to \$12,500 per month) until you are able to return to work.

The information in this summary is not intended to take the place of, or change the official Plan Documents or Evidence of Coverage. In the event that the information in this brochure differs from the Plan Document, the Plan Document shall prevail.

# BASIC LIFE AND AD&D

Life insurance provides protection for your beneficiary in the event of your death. All full-time employees automatically receive *Basic Life and Accidental Death & Dismemberment (AD&D) Insurance* coverage. The benefit amount is \$50,000.

# SUPPLEMENTAL LIFE AND AD&D

The Voluntary (employee-paid) Life coverage through Cigna Group Insurance allows employees the option to purchase from \$10,000 to \$500,000 in \$10,000 increments. This coverage is also available to spouses and may be purchased even if the employee does not enroll (however, the Spouse amount may not exceed 100% of the employees Basic and Additional Life combined). There is also coverage available for dependent children. If it is your open enrollment period and you did not enroll when you were first eligible, or if you are currently enrolled in supplemental life insurance and you wish to increase your current coverage, you will need to complete and submit an Evidence of Insurability form and be approved by underwriting before the policy goes into effect. The effective date of any pending voluntary Life/AD&D elections will be the date your coverage is approved; however, your premium will not begin until the first of the month following the date your coverage is approved.

The Voluntary (employee paid) AD&D coverage allows members the option to purchase \$25,000, \$50,000 or \$100,000. There is also coverage available for spouses and dependent children, as a percentage of the employee's principal amount.

Please see the summary sheet for more information that is available online on SurfNet or through Human Resources.

# FLEXIBLE SPENDING ACCOUNT (FSA)

The Flexible Spending Account (FSA) lets you pay some of your health care and dependent care expenses and reduce your taxable income at the same time. You can set up one FSA for health care expenses and another to pay for the cost of caring for your dependents while you are at work. The FSA allows you to use pre-tax dollars to pay for eligible expenses that are not reimbursed by another medical, dental and/or vision plan or tax credit. Such expenses include medical and dental deductibles, coinsurance, copayments, prescription glasses, contact lenses, LASIK eye surgery, and child/elder care expenses.

When you set up an FSA, you place money in your account through automatic, pre-tax payroll deductions. Then, as you incur eligible health care or dependent care expenses, you are reimbursed tax-free from your account. You pay no federal income taxes, no Social Security taxes, and no state income taxes on the amount of pre-tax dollars you contribute to an FSA or on the reimbursements you receive.

Please note if you enroll in the HSA and healthcare FSA, you are only eligible to use the healthcare FSA for dental and vision expenses.

# EMPLOYEE ASSISTANCE PROGRAM (EAP)

The EAP program (employer-paid) is a service designed to help you manage life's challenges. Everyone needs a helping hand once in a while, and your EAP can provide it. The EAP can refer you to professional counselors and services that can help you resolve emotional, health, family and work issues. The service is available 24 hours a day, 7 days a week. This service provides 5 counseling sessions per member per incident.

#### HEALTH CARE REFORM

#### PATIENT PROTECTION AND AFFORDABLE CARE ACT (PPACA) DISCLOSURE STATEMENT

This group health plan believes the Kaiser Permanente HMO Health Plan is considered a "grandfathered health plan" under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that your plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

For questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status, contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. This website has a table summarizing which protections do and do not apply to grandfathered health plans.

#### THE CHILDREN'S HEALTH INSURANCE PROGRAM REAUTHORIZATION ACT (CHIPRA) OF 2009

If you or your children are eligible for Medicaid or CHIP and you are eligible for health coverage from your employer, your State may have a premium assistance program that can help pay for coverage. These States use funds from their Medicaid or CHIP programs to help people who are eligible for these programs, but also have access to health insurance through their employer. If you or your children are not eligible for Medicaid or CHIP, you will not be eligible for these premium assistance programs.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, you can contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, you can contact your State Medicaid or CHIP office or dial 1-877-KIDS NOW or www.insurekidsnow.gov to find out how to apply. If you qualify, you can ask the State if it has a program that might help you pay the premiums for an employer-sponsored plan.

Once it is determined that you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must permit you to enroll in your employer plan if you are not already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, you can contact the Department of Labor electronically at <a href="https://www.askebsa.dol.gov">www.askebsa.dol.gov</a> or by calling toll-free 1-866-444-EBSA (3272).

If you live in one of the following States, you may be eligible for assistance in paying your employer health plan premiums. The following list of States is current as of July 31, 2012. You should contact your State for further information on eligibility –

ALABAMA – Medicaid	COLORADO – Medicaid
Website: http://www.medicaid.alabama.gov Phone: 1-855-692-5447  ALASKA – Medicaid  Website: http://health.hss.state.ak.us/dpa/	Medicaid Website: http://www.colorado.gov/ Medicaid Phone (In state): 1-800-866-3513 Medicaid Phone (Out of state): 1-800-221-3943
programs/medicaid/	
Phone (Outside of Anchorage): 1-888-318-8890	
Phone (Anchorage): 907-269-6529	
ARIZONA – CHIP	FLORIDA – Medicaid
Website: http://www.azahcccs.gov/applicants Phone (Outside of Maricopa County): 1-877-764-5437	Website: https://www.flmedicaidtplrecovery.com/ Phone: 1-877-357-3268
Phone (Maricopa County): 602-417-5437	GEORGIA – Medicaid
	Website: http://dch.georgia.gov/
	Click on Programs, then Medicaid
	Phone: 1-800-869-1150

# THE CHILDREN'S HEALTH INSURANCE PROGRAM

IDAHO – Medicaid and CHIP	MONTANA – Medicaid
Medicaid Website: www.accesstohealthinsurance.idaho.gov Medicaid Phone: 1-800-926-2588 CHIP Website: www.medicaid.idaho.gov CHIP Phone: 1-800-926-2588	Website: http://medicaidprovider.hhs.mt.gov/clientpages/clientindex.shtml Phone: 1-800-694-3084
INDIANA – Medicaid	NEBRASKA – Medicaid
Website: http://www.in.gov/fssa Phone: 1-800-889-9948	Website: http://dhhs.ne.gov/medicaid/Pages/med_kidsconx.aspx Phone: 1-877-255-3092
IOWA – Medicaid	NEVADA – Medicaid
Website: www.dhs.state.ia.us/hipp/ Phone: 1-888-346-9562	Medicaid Website: http://dwss.nv.gov Medicaid Phone: 1-800-992-0900
KANSAS – Medicaid	
Website: http://www.kdheks.gov/hcf/ Phone: 1-800-792-4884	
KENTUCKY – Medicaid	NEW HAMPSHIRE – Medicaid
Website: http://chfs.ky.gov/dms/default.htm Phone: 1-800-635-2570	Website: www.dhhs.nh.gov/ombp/index.htm Phone: 603-271-5218
LOUISIANA – Medicaid	NEW JERSEY – Medicaid and CHIP
Website: http://www.lahipp.dhh.louisiana.gov Phone: 1-888-695-2447	Medicaid Website: http://www.state.nj.us/ humanservices/
MAINE – Medicaid	dmahs/clients/medicaid/ Medicaid Phone: 1-800-356-1561
Website: http://www.maine.gov/dhhs/OIAS/public-assistance/index.html Phone: 1-800-572-3839	CHIP Website: http://www.njfamilycare.org/index.html CHIP Phone: 1-800-701-0710
MASSACHUSETTS – Medicaid and CHIP	NEW YORK – Medicaid
Website: http://www.mass.gov/MassHealth Phone: 1-800-462-1120	Website: http://www.nyhealth.gov/health_care/medicaid/Phone: 1-800-541-2831
MINNESOTA – Medicaid	NORTH CAROLINA – Medicaid and CHIP
Website: http://www.dhs.state.mn.us/ Click on Health Care, then Medical Assistance Phone: 1-800-657-3629	Website: http://www.ncdhhs.gov/dma Phone: 919-855-4100

#### THE CHILDREN'S HEALTH INSURANCE PROGRAM

MISSOURI – Medicaid	NORTH DAKOTA – Medicaid
Website: http://www.dss.mo.gov/mhd/participants/pages/hipp.htm Phone: 573-751-2005	Website: http://www.nd.gov/dhs/services/ medicalserv/medicaid/ Phone: 1-800-755-2604
OKLAHOMA – Medicaid and CHIP	UTAH – Medicaid and CHIP
Website: http://www.insureoklahoma.org Phone: 1-888-365-3742	Website: http://health.utah.gov/upp Phone: 1-866-435-7414
OREGON – Medicaid and CHIP	VERMONT– Medicaid
Website: http://www.oregonhealthykids.gov http://www.hijossaludablesoregon.gov Phone: 1-877-314-5678	Website: http://www.greenmountaincare.org/ Phone: 1-800-250-8427
PENNSYLVANIA – Medicaid	VIRGINIA – Medicaid and CHIP
Website: http://www.dpw.state.pa.us/hipp Phone: 1-800-692-7462	Medicaid Website: http://www.dmas.virginia.gov/rcp-HIPP.htm Medicaid Phone: 1-800-432-5924 CHIP Website: http://www.famis.org/CHIP Phone: 1-866-873-2647
RHODE ISLAND – Medicaid	WASHINGTON – Medicaid
Website: www.ohhs.ri.gov Phone: 401-462-5300	Website: http://hrsa.dshs.wa.gov/premiumpymt/ Apply.shtm Phone: 1-800-562-3022 ext. 15473
SOUTH CAROLINA – Medicaid	WEST VIRGINIA – Medicaid
Website: http://www.scdhhs.gov Phone: 1-888-549-0820	Website: www.dhhr.wv.gov/bms/ Phone: 1-877-598-5820, HMS Third Party Liability
SOUTH DAKOTA - Medicaid	WISCONSIN – Medicaid
Website: http://dss.sd.gov Phone: 1-888-828-0059	Website: http://www.badgercareplus.org/pubs/p- 10095.htm Phone: 1-800-362-3002
TEXAS – Medicaid	WYOMING – Medicaid
	Website: http://health.wyo.gov/healthcarefin/

To see if any more States have added a premium assistance program since July 31, 2012, or for more information on special enrollment rights, you can contact either:

U.S. Department of Labor Employee Benefits Security Administration www.dol.gov/ebsa 1-866-444-EBSA (3272) U.S. Department of Health and Human Services Centers for Medicare & Medicaid Services www.cms.hhs.gov 1-877-267-2323, Ext. 61565

# REQUIRED FEDERAL NOTICES (Cont'd)

#### HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT (HIPAA)

Your medical benefit plan may impose a preexisting condition exclusion upon enrollees age 19 and older. That means that if you are age 19 or older and have a medical condition before coming to our Plan, you might have to wait a certain period of time before the Plan will provide coverage for that condition. This exclusion applies only to conditions for which medical advice, diagnosis, care, or treatment was recommended or received within the 6 month period prior to your effective date under our plan coverage. Generally, this 6 month period ends the day before your coverage becomes effective. However, if you were in a waiting period for coverage, the 6 month period ends on the day before the waiting period begins. The preexisting condition exclusion does not apply to pregnancy.

This exclusion may last up to 12 months from your first day of coverage or, if you were in a waiting period, from the first day of your waiting period. However, you can reduce the length of this exclusion period by the number of days of your prior "creditable coverage." Most prior health coverage is creditable coverage and can be used to reduce the preexisting condition exclusion if you have not experienced a break in coverage of at least 63 days.

To reduce the exclusion period by your creditable coverage, you should provide the new carrier with a copy of any certificates of creditable coverage (HIPAA Certificates) you have. If you do not have a Certificate, but you do have prior health coverage, you can obtain one from your prior plan or issuer.

#### Notice of Availability of HIPAA Privacy Notice

The Federal Health Insurance Portability and Accountability Act of 1996 ("HIPAA") requires that we periodically remind you of your right to receive a copy of the HIPAA Privacy Notice. You can request a copy of the Privacy Notice by contacting Human Resources.

#### THE WOMEN'S HEALTH AND CANCER RIGHTS ACT

The Women's Health and Cancer Rights Act (WHCRA) requires employer groups to notify participants and beneficiaries of the group health plan, of their rights to mastectomy benefits under the plan. Participants and beneficiaries have rights to coverage to be provided in a manner determined in consultation with the attending Physician for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits are subject to the same deductible and co-payments applicable to other medical and surgical benefits provided under this plan. You can contact your health plan's Member Services for more information.

# Important Notice from City of Huntington Beach About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with the City of Huntington Beach and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered and at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can
  get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan
  (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at
  least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a
  higher monthly premium.
- 2. The City of Huntington Beach has determined that the prescription drug coverage offered by the plan is, on average for all plan participants, expected to pay out as much as what standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

#### When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15<sup>th</sup> through December 7th. However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

# What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?

If you decide to join a Medicare drug plan and drop your current City of Huntington Beach prescription drug coverage, be aware that you and your dependents will not be able to get this coverage back.

Please contact Medicare for more information about what happens to your coverage if you enroll in a Medicare prescription drug plan.

#### When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with City of Huntington Beach and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later. If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

(Continued on next page)

# MEDICARE PART D (Cont'd)

#### For More Information About Your Options Under Medicare Prescription Drug Coverage...

Contact the office listed below for further information. NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through City of Huntington Beach changes. You also may request a copy of this notice at any time.

#### For More Information About This Notice Or Your Current Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit <u>www.medicare.gov</u>
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 (TTY 1-800-325-0778).

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date: January 1, 2013

Name of Entity: City of Huntington Beach

Contact: Human Resources

Address: 2000 Main Street, Huntington Beach, CA 92648

**Phone Number:** (714) 375-8456

# HELPFUL TIPS TO SAVE YOU TIME AND MONEY

# Take Advantage of the Mail Order Pharmacy Benefit! Why go to the pharmacy if you don't have to?

Employees who are enrolled in the Blue Shield HMO and PPO plans will have prescription drug coverage through Medco. Employees who are enrolled in the Blue Shield HDHP plan will have prescription drug coverage through Blue Shield.

If you are taking prescription medications on a regular basis, you may save time and money by using a mail order pharmacy. You may be able to receive a 90-day supply for two co-payments and your prescription is mailed directly to your home. Members save on out-of-pocket copay costs and shipping is free for standard postal delivery. Blue Shield HMO and PPO plan members can use Medco by Mail by calling (800) 711-0917 or by visiting their website at www.medco.com. Blue Shield HDHP plan members can use PrimeMail by calling (866) 346-7200 or by visiting their website at www.MyPrimeMail.com.

# Having Surgery and/or X-Rays this Year?

If you are on the PPO plan, remember to ask your doctor if you are being referred to a Blue Shield <u>-In-Network facility</u>. Out of network hospitalizations are only covered at 60%, and Blue Shield pays a maximum of \$350 per day (out-patient) or \$600 per day (in-patient). As always, verify that your surgery and/or x-ray has been pre-authorized by Blue Shield prior to your surgery and/or x-ray.

#### Prevention is the Best Medicine

- All employees and family members should be receiving the preventive services recommended for their age and gender.
- Everyone with chronic conditions (hypertension, asthma, diabetes, etc.) needs to follow all recommended care prescribed by your physician.

# My Dental Bills are Painful!

Dental bills can add up very quickly. If you are having dental work that will cost you more than \$200, ask the dentist to get pre-authorization prior to the service. The insurance company will notify you if the procedure will be covered, how much *they* will pay, and how much *you* will be responsible to pay.

# I Need HELP with My Insurance

Contact the customer service group for the appropriate carrier in the "Employee Benefits Contact Information" Section or visit the City's internet site at www.huntingtonbeachca.gov/employee\_ benefits.

# EMPLOYEE BENEFITS CONTACT INFORMATION

#### Human Resources - Employee Benefits

- Intranet: http://surfnet/Human\_Resources/Employee Benefits
- Phone: (714) 375-8456, (714) 536-5213 or (714) 536-5917

Fax: (714) 374-1743

Email: bpratt@surfcity-hb.org jaymie.liu@surfcity-hb.org bcharles@surfcity-hb.org

Internet: www.huntingtonbeachca.gov/employee\_ benefits

#### CalPERS Retirement

- www.calpers.ca.gov
- (Group #0097) (888) 225-7377 or (888) CAL-PERS

#### Blue Shield (MEO, NA)

- www.blueshieldca.com/csac
- HMO Medical (Group #EH1009) (800) 642-6155
- PPO Medical (Group #E10055) (800) 642-6155
- PPO Medical HDHP (Group # E10075) (800) 642-6155
- Rx through Medco Pharmacy (HMO and PPO) (800) 711-0917
- Wells Fargo (HSA Bank) (866) 884-7374

#### PARS Retirement (Part-Time Employees)

www.parsinfo.org (800) 540-6369

#### Kaiser (MEO, NA)

- www.kaiserpermanente.org
- (Group #227450) (800) 464-4000

# Dental

- www.deltadentalins.com
- Delta Dental/DPO (Group #4729) (888) 335-8227
- Delta Care USA (Group #1575) (800) 422-4234

#### <u>Vision</u>

- www.vsp.com
- (Group # 00105162) (800) 877-7195

#### Cigna Life and Disability

- www.cigna.com (800) 362-4462
- Life and Voluntary Life (Group # FLX965003)
- AD&D and Voluntary AD&D (Group # OK966605)
- Disability (Group # LK963478)

#### TRI-AD Flexible Spending (FSA)

- Internet: www.tri-ad.com/fsa
- Phone: (888) 844-1372
- Fax: (866) 233-4741 or (760) 233-4741
- Email: FLEXmail@TRI-AD.com Flex Card: www.mbicard.com
- Address:

TRI-AD Flex Department 221 W. Crest Street, Suite 300 Escondido, CA 92025

#### MHN-(Employee Assistance Program)

- www.members.mhn.com
- access code: huntingtonbch (800) 242-6220

Due to privacy issues and concerns, we strongly recommend contacting your insurance provider directly with regard to claims, replacement/lost cards, or coverage questions.

Employee Benefits Brochure designed and developed by

